



*"I found the Relating to Connect Program to be incredibly insightful and enriching. It opened my eyes to old and new ways of communicating with others. It gave me strategies for connecting with myself and others through the heart".*

*"Alistair is a great coach and a fabulous role model. He lives and breathes compassionate communication which we both find so very **inspiring**."*

*"We felt heard deeply without judgement by Alistair and his practical, down to earth approach is **refreshing**".*

Alistair McKinnon has been facilitating personal growth programs, workshops and 1:1 consultations for over 20 years. He offers mediation and coaching as well as training.

## **A two-day program to inspire, encourage and develop empowering relationships**

**You'll be taught a simple process that dissolves conflict, creates connection and transforms relationships with yourself and others.**

**Facilitator: Alistair McKinnon – Certified Trainer with CNVC**

**Based on the teachings of Compassionate Nonviolent Communication as created by Marshall B. Rosenberg, Ph.D. and is considered a Foundation Training.**

### **Saturday 2nd and Sunday 3rd December**

Starting at 10.00am and finishing at 5.00pm – Melbourne

A comprehensive manual will be supplied to support your on-going journey.

Early bird reduction is \$50 off pp. Book on or before 19<sup>th</sup> November 2017

## **Enquiries: 0412 988 844**

or email [alistair@consciousdirections.com](mailto:alistair@consciousdirections.com)

or register at [www.consciousdirections.com/relating-to-connect.html](http://www.consciousdirections.com/relating-to-connect.html)

*"All conflict is a tragic expression of an unmet need"*

Marshall B. Rosenberg, Ph.D.